



Manual Therapy of the Extremities

By Shamus Eric

Hardback. Book Condition: New. Not Signed; Description: A comprehensive approach to manual therapy with photos and video tutorials Manual Therapy of the Extremities presents manual therapy techniques for the upper and lower extremities from a variety of perspectives. Organized by joint and then by the restricted motions of the joint, this format is perfect for education and clinical reference as the clinician will be able to choose from a variety of techniques to treat a restriction of motion in a specific direction without having to navigate between chapters. The description of multiple types of techniques for each restriction is unique to this textbook, making it the most comprehensive resource available on this topic with the overall aim of providing students and clinicians a well-rounded approach to manual therapy. Manual Therapy of the Extremities provides an overview of the functional anatomy and biomechanics of the joints, as well as a review of the available evidence for the efficacy of manual therapy, allowing evidence-based decision-making for the most appropriate technique for the specific clinical situation. Key Features include: Learning objectives Case studies More than 570 color photographs and illustrations with the majority including arrows to indicate movement Access to over 191 tutorial...



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